

SIGNATURE BOX

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. New York Strips Steaks (3x8oz.)
- 1 lb. Steak Fajita Strips
- 2 lb. Chicken Stir Fry Skillet Meal
- 1 lb. Lean Ground Beef
- 1.5 lb. Breaded White Meat Chicken Tenders
- 1 lb. avg. Center Cut Ham Steaks (Hickory Smoked)
- 1 lb. Bake or Fry Fish Sticks (32 sticks)
- 1 lb. Pasta
- 25 oz. Marinara Sauce
- 1 lb. Frozen Baby Lima Beans
- 1 lb. Frozen Mixed Vegetables
- 2 lb. Fresh Apples (8-10 ct.)
- 10 ct. Flour Tortilla Wraps
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

\$30.00

SENIOR & CONVENIENCE MEALS

For Seniors or People on the Go!

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Roasted Chicken** with red skin potatoes, sugar snap peas & carrots
- Meat Lasagna** with green beans and cauliflower
- Salisbury Steak and Gravy** with red skin potatoes, cauliflower and peas/carrots
- Meatloaf and Gravy** with mashed potatoes, peas, carrots, cauliflower
- Chicken Chow Mein** with sugar snap peas, cauliflower
- Cheese Manicotti** with green beans, peas, carrots
- Chili with Beef and Beans** with corn, red peppers, peas
- Boneless Pork Patty** with roasted sweet potatoes, sugar snap peas, broccoli/cauliflower blend
- Fettuccini Alfredo** with Brussels sprouts, zucchini
- Lemon Pepper Baked Fish** with rice, peas and zucchini/red pepper blend
- Desserts:** Assorted Cookies, Sugar-Free Applesauce, Vanilla Pudding Cup, Apple Juice, Orange Juice and Diced Pineapple

\$28.00

ALLERGEN-FREE BOX

Processed to eliminate the 8 top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye, barley).

- 1 lb. Breaded Chicken Breast Fillets (4 x 4 oz.)
- 1 lb. Breaded Chicken Breast Nuggets
- 1 lb. Breaded Cubed Steak (4 x 4 oz.)
- 1 lb. Breaded Wings
- 1 lb. Breaded Chicken Tenders

Battered/Breaded with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives/Breaded and oleoresin paprika. Breading is pre-browned in Canola oil.

\$25.00

Thanksgiving Holiday Box **\$36.00** Available for Pre-order through October 28th!

This year we have an exciting menu that we think your friends and family will enjoy and will make a nice gift for anyone that you believe needs a little uplifting around the holidays. This will not affect the normal November order period. This is a special order **in addition** to your regular order and no Holiday Box orders will be accepted after the October 28th deadline. This Holiday Box will ONLY be shipped during the November distribution period and not beforehand.

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|---|--|-------------------------------|
| 7 lb. (avg.) Perdue Roaster | 2 lb. Frozen Green Beans | 4.5 oz. Brown Gravy Mix |
| 2.5 lb. Boneless Netted Ham | 1 lb. Frozen Cranberries | 1 Dessert Item (Pie or Cake) |
| 2 lb. Frozen Diced Sweet Potatoes | 17 oz. Ready to Cook Corn Bread Dressing | 1 Recipe Sheet with scripture |
| 3.5 lb. (avg.) Frozen Corn Cobbett's (12) | 8 ct. Heat and Serve Large Dinner Roll | |

Specials may now be purchased with or without the purchase of any of the Standard Boxes listed above*

OCTOBER SPECIAL #1

\$23.00

7 lb. Assorted Meat Grill Box

- 1.5 lb. Ribeye Steaks (3 x 8 oz.)
- 2 lb. Pork Chops (4 x 8 oz.)
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Bratwurst Sausage with Cheese

OCTOBER SPECIAL #2

\$22.00

4.5 lb. Assorted Steak Combo

- 1.5 lb. Bone In Ribeye Steaks (2 x 12 oz.)
- 1.5 lb. Kansas City Strip Steaks (2 x 12 oz.)
- 1.5 lb. T-Bone Steaks (2 x 12 oz.)

OCTOBER SPECIAL #3

\$20.00

10 lb. Breaded Chicken Combo Box

- 4 lb. Breaded Chicken Pieces
- 2 lb. Breaded Chicken Tenders
- 2 lb. Breaded Chicken Breast Fillet
- 2 lb. Breaded White Meat Chicken Nuggets

OCTOBER SPECIAL #4

\$22.00

Fresh Fruit and Veggie Box

- 1 Premium Sweet Golden Ripe Pineapple
- 3 lb. bag New Crop Florida Tangerines
- 1 Premium Vine Ripened Cantaloupe
- 4 Premium Washington State Bosc Pears
- 4 Premium Juicy Limes
- 3 lb. bag Premium New Crop Large Red Potatoes
- 2 lb. bag Premium New Crop Yellow Onions
- 1 head Premium Green Cabbage
- 2 bulbs Premium Jumbo Garlic
- 2 ct. Premium Large Green Bell Pepper
- 3 lb. bag Premium Bagged Idaho Potatoes
- 1 lb. bag Premium California whole Peeled Baby Carrots

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality. We Accept Food Stamps (EBT).

Orders and Pickup: Cicero Christian Church
1715 Stringtown Pike, Cicero, IN
317-984-4653 www.CiceroChristianChurch.org

Orders Due: October 8, 2009
Distribution Day: October 24, 2009 **9-11 am**

Accepted Forms of Payment: Cash, Money Order and Food Stamps
We DO NOT accept PERSONAL CHECKS

Name _____

Phone _____

Order Summary:

___ # of Signature Units Ordered @ \$30 each = \$ _____
 ___ # of Senior Boxes Ordered @ \$28 each = \$ _____
 ___ # Allergen Free Boxes Ordered @ \$25 each = \$ _____
 ___ # of Special #1 Ordered @ \$23 each = \$ _____
 ___ # of Special #2 Ordered @ \$22 each = \$ _____
 ___ # of Special #3 Ordered @ \$20 each = \$ _____
 ___ # of Special #4 Ordered @ \$22 each = \$ _____
 ___ # of Thanksgiving Boxes Ordered @ \$36 each = \$ _____

Total Amount Due = \$ _____

Paid by: Cash Money Order Food Stamps