

Becoming a Woman of Excellence

Proverbs 31

Proverbs 31:29 – “Many women do noble things, but you surpass them all.”

Six Virtues of a Woman of Excellence

Virtue #1 – She is a Woman of Character

- **Proverbs 12:4**
- **Key Point:** This key point will focus our attention on the Godly character of the excellent woman. We will primarily be looking at her character as a wife. There are two key words that shine out throughout this entire passage of Scripture: *Heart* and *Trust*. A true wife of character loves her husband unconditionally and serves him with great faithfulness. This devotion leads to unconditional trust among the husband and wife due to sacrificial love and integrity.
- **Key Question:** What are the character traits that you believe are needed to be considered a woman of excellence?

Virtue #2 – She is a Devoted Domestic Engineer

- **Ephesians 6:7**
- **Key Point:** This key virtue takes up the bulk of the passage. It is this virtue that so many modern day women become offended by but the reality is that there is nothing that is degrading in this text. This virtue emphasizes that the excellent wife is the manager of the household affairs and keeps the house from entering into chaos, simply stated she keeps it up and running and in order. Anyone that has raised children understands how critically important this role is. Biblically speaking, we have already laid out the role of the husband in the relationship according to Ephesians 5:21-33, he is the head of the family.
- **Key Question:** What are the different ways that women of excellence devote themselves to keeping the house in order? Why is this important?

Virtue #3 – She is a Generous Neighbor

- **Matthew 25:40**
- **Key Point:** This key virtue points out that the woman of excellence is not just a servant to her own family but also to her neighbors as well. She especially has a heart for those in need or in poverty.
- **Key Question:** What are ways that women of excellence serve their neighbors?

Virtue #4 – She is an Influential Teacher

- **2 Timothy 1:5**
- **Key Point:** This key virtue goes hand-in-hand with virtue #5. It helps us understand that important role that the woman of excellence has in teaching and training her children about Biblical principles that will shape their faith and lives for years to come?

- **Key Question:** How can a woman of excellence be an influential teacher in her family? How will this impact future generations?

Virtue #5 – She is an Effective Mother

- **2 Timothy 3:14-15**
- **Key Point:** This key virtue helps us understand the powerful influence of a mother on the lives of her children. We see that the woman of excellence strives to care and provide for her children in the following areas: physically, emotionally, and spiritually. The effective mother will earn the reward shared in verse 28: Her children will rise up and call her blessed.
- **Key Question:** What does it mean to be an effective mother from God's perspective?

Virtue #6 – She is an Excellent Christian

- **Ephesians 5:1**
- **Key Point:** This key virtue reinforces the fact that a woman can never be a true woman of excellence apart from a relationship with Jesus Christ. The Lord is her source of strength, wisdom, comfort, and endurance in her times of greatest need and her times of greatest victory. She sets the tone for the entire family with her diligence and respect in seeking the Lord and living out her faith.
- **Key Question:** How can a modern day woman be an excellent Christian? What does this look like in our culture?

Questions to Consider

1. **Women:** What are the top three qualities of the Proverbs 31 excellent woman that you would like to improve upon? How can you do that?
2. **Men:** How can you, as men of God, encourage and help develop these qualities in the special women in your lives? How can you encourage, support, and serve your wife better? (*If you don't know then ask her!*)

Memory Verse

Proverbs 31:29 – "Many women do noble things, but you surpass them all."

Challenge

Women: Begin praying over these six Biblical virtues and ask God to reveal to you how you can make the essential changes to become a *Woman of Excellence*.

Men: Begin providing your wives with the environment that she needs to become a *Woman of Excellence*. Treat your wife with respect and sincere love as you encourage her in this great adventure.



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