

Series: Confessions of a Pastor

MY CONFESSION: I WORRY—worry is a sin because it is a statement against God. Worry shows that we do not trust God to take care of us. Worry flunks God.

Matthew 6:24-34

“²⁴No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money.

²⁵Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? ²⁶Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷Who of you by worrying can add a single hour to his life^[a]?

²⁸And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. ²⁹Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? ³¹So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³²For the pagans run after all these things, and your heavenly Father knows that you need them. ³³But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

1. Worry is driven by devotion. We only worry about things we care about. We do not worry about things that are not important to us. Worry truly reveals our priorities.
2. Worry is the result of a lack of faith. Worry generates from a distrust in God. Worry finds root in a faithless soul.
3. You know that God is truly the center of your life, when you stop worrying.

Application:

1. Read text. Memorize text. Live text
2. Pray: pray that God will help you deal with your worry
3. Develop Accountability: find someone that will help you bear the burden of this struggle (fulfilling the law of Christ as in Galatians 6)

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