

MAP



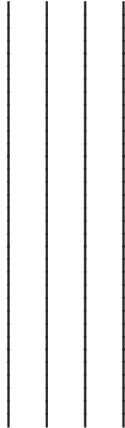
June 20, 2009
**5K Run/Walk &
1 mile Fun Run/Walk**

SPONSORED BY:
Mephibosheth Ministries, Inc.

Mephibosheth Ministries, Inc.
1715 Stringtown Pike
Cicero, IN 46034
Phone: 317-984-4653 ext. 30
Fax: 317-984-3351
Email: Nancy@mm-abilities.org

Please
place
stamp
here


DASH for DISABILITIES
 Mephibosheth Ministries, Inc.
 1715 Stringtown Pike
 Cicero, IN 46034



Complete one form **per participant** (form may be copied). Please Print Legibly.

NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 AGE _____ SEX: M F (CIRCLE ONE)
 PHONE _____
 EMERGENCY CONTACT _____ NAME _____ PHONE _____
 E-MAIL _____
 TEAM NAME _____
 PARTICIPATING IN: **5K Run** **5k Walk** **1 mile Fun Walk/Run** (CIRCLE ONE)

Check here if you would be willing to be an event volunteer at the Dash.

To participate in the Dash for Disabilities, you must sign the following release: In consideration of the acceptance of this entry, I waive all claims for myself and my heirs against Mephibosheth Ministries, Inc. for any injury of illness which may result directly or indirectly from my participation. I further state that I am in the proper physical condition to participate in this event. In addition, I also give Mephibosheth Ministries, Inc. permission to use photographs of myself taken at the Dash for Disabilities and associated events in future event promotion.

(Parent or Guardian must sign release for persons under 18 years of age.)

Registrants under 18 years of age must have a parent's signature in order to participate in the Dash.

(Parent's Signature required for registrants under 18 years of age.)

T-shirt Size: (CIRCLE ONE)

ADULT
 XL L M S

Nancy Reed
 Director for Disabilities

EVENTS & TIMES

Date:
 Saturday June 20, 2009

Registration:
 8:00-8:45 am Saturday, June 20
 Registration Deadline June 5
 (Pre registration guarantees a t-shirt.
 Registrations received after the deadline **do not**
 guarantee a t-shirt).

Times:
 5k Run: 9:00 am
 5k Walk 9:15 am
 1 mile Fun Walk/Run 9:30 am

PACKET PICKUP & DASH DAY REGISTRATION

T-shirts and packets may be picked up from 8:00-8:45 am on the day of the Dash. Look for the registration table for late registration.

ENTRY FEES (T-shirt included!*)

- \$20/person
- \$15/person in teams of 10 or more people
- \$40/family of 3
- \$50/family of 4
- \$60/family of 5
- Children 11 and under are free

Make checks payable to: Mephibosheth Ministries, Inc.
 No credit cards accepted

* Sorry, no child size t-shirts are available for children 11 and under

VOLUNTEERS ARE NEEDED!

Please contact Nancy Reed at (317) 984-4653 if you would like to be a volunteer at the Dash or if you have any questions

MEPHIBOSHETH MINISTRIES, INC.

...meeting the spiritual, emotional, and physical needs of individuals who have disabilities



THE WAY ADULT DAY PROGRAM

The Way adult day program provides individuals who have disabilities with opportunities to learn, socialize, develop independent and life skills and increase community involvement. **The Way** is geared toward offering a variety of fun and challenging experiences on a daily basis.

The Way meets on Mondays and Thursdays from 9:30 am to 2:00 pm at Cicero Christian Church.

Proceeds from The Dash for Disabilities will be used to fund the many activities of **The Way** adult day program including cooking, gardening, crafts, community outings, service projects and administration.

SPECIAL THANKS TO:
 Town of Cicero