

REGULAR BOX

For fourteen years, Angel Food has provided balanced nutrition and variety through its regular box, with enough food to feed a family of four for a week.

- 1.5 lb. Top Sirloin Strip Steaks (4 x 6 oz.)
- 2 lb. Boneless Skinless Chicken Breast
- 3 lb. Breaded Chicken Chunks
- 1.5 lb. Boneless Pork Filet
- 20 oz. Supreme Pizza
- 1 lb. Ground Turkey
- 1 lb. Cheddar Cheese Bratwurst Sausage
- 1 lb. Green Beans
- 1 lb. Stir Fry Vegetables (Broccoli & Bell Peppers)
- 35 oz. Crinkle-cut Fries
- 32 oz. Borden 2% Reduced Fat Shelf-Stable Milk
- 7.5 oz. Macaroni & Cheese
- 15 oz. Pork & Beans
- 7 oz. Chicken-Flavored Rice & Vermicelli
- 1 lb. Pinto Beans
- One Dozen Eggs
- One Dessert Item

\$30.00

SENIOR BOX

All ten individual meals are fully-cooked and labeled complete with heating instructions – just heat and serve. Each meal has no added sodium, is low in fat, and is nutritionally balanced for seniors with 3 oz. of protein, two vegetables or fruit, and a starch..

- Chicken Parmesan** with side of Spaghetti with Marinara, Green Beans and Garlic Bread
- Herb Roasted Chicken Quarter** with Herb Gravy, White Rice, and Peas & Carrots
- BBQ Chicken Quarter with BBQ Sauce**, Black-Eyed Peas, Greens and Apple Sauce
- Baked White Fish with Asian Sweet Pepper Sauce**, Vegetable Fried Rice, Broccoli, and Pineapple chunks
- Chicken Cacciatore Quarter**, Creamy Rosemary Red Potato Quarters, Italian Green Beans, and Diced Peaches

- Roast Beef and Brown Gravy (Pot Roast)**, Noodles, Carrot Coins and Collard Greens
- Beef Meatloaf with Brown Herb Gravy**, Mashed Sweet Potatoes, Peas & Mushrooms and Wax Beans
- Beef Lasagna with Tomato Sauce**, Broccoli, Diced Peas, and Garlic Bread & Butter
- Oven Roasted Turkey Breast with Sage Gravy**, Bread Dressing, Creamed Diced Potatoes, Green Beans & Cranberry Sauce
- Chicken Stew with Chicken**, Potatoes, and Tomatoes; Celery & Carrots, Brown Rice, Apple Sauce and a Biscuit

\$25.00

One or More Specials Below Available Only with the Purchase of Either of the Boxes Above

SEPTEMBER SPECIAL #1

- 6 lb. Assorted Meat Grill Box** **\$20.00**
- 1.5 lb Ribeye Steaks (3 x 8 oz.)
- 2 lbs Boneless Pork Roast
- 1.5 lbs Beef Short Ribs
- 1 lb All Beef Burgers (4 x 4 oz.)

SEPTEMBER SPECIAL #2

- 5 lb. Steak and Meat Combo** **\$20.00**
- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 2 lb. All Beef Hamburger Steaks (4 x 8 oz.)

SEPTEMBER SPECIAL #3

- 10 lb. Party Wing Special Box** **\$20.00**
- 10 lb. Unbreaded IQF Party-style Chicken Wings

SEPTEMBER SPECIAL #4

- 10 lb. "5 for 4" Dinner Box** **\$20.00**
- Five big 2 lb. dinner meals, each will feed a family of four. All dinners are fully-cooked – just heat and serve!*
- 2 lb. Stuffed Green Peppers with Beef and Rice
- 2 lb. Chicken Breast with Rice, Broccoli & Cheese
- 2 lb. Beef Steak Patties with Gravy and Onions
- 2 lb. Meatloaf and Gravy
- 2 lb. BBQ Chicken w/Hickory Sauce & Mashed Potatoes

SEPTEMBER SPECIAL #5

- Fresh Fruit and Veggie Box** **\$19.00**
- 3 lb. Bag of Red Delicious Apples
- 4 lb Bag of California Valencia Oranges
- 2 lb. Bag of Large Yellow Onions
- 1 lb. Bag of Carrots (Cello-wrapped)
- 4 lb. Bag of Large Idaho Baking Potatoes
- 1 Large Green Cabbage
- 4 Bartlett Pears
- 4 Tennessee Vine-Ripened Tomatoes
- 1 Celery Stalk (Cello-wrapped)
- 12 oz. Black Beans (Dried)

Orders & Pickup: Cicero Christian Church
1715 Stringtown Pike
Cicero, IN 46034
317-984-4653 www.CiceroChristianChurch.org

Orders Due: Sept. 10, 2008
Distribution Day: Sept. 27, 2008 9-11 am
Accepted Payment: Cash, Money Order, Food Stamps
We DO NOT accept PERSONAL CHECKS

Name _____
Phone _____

Order Summary:

___ # of Units Ordered @ \$30 each = \$ _____
 ___ # of Senior Boxes Ordered @ \$25 each = \$ _____
 ___ # of Special #2 Ordered @ \$20 each = \$ _____
 ___ # of Special #3 Ordered @ \$20 each = \$ _____
 ___ # of Special #4 Ordered @ \$20 each = \$ _____
 ___ # of Special #5 Ordered @ \$19 each = \$ _____
Total amount due = \$ _____
Paid by: ___ Cash ___ Money Order ___ Food Stamps