

Making Room for Life The Problem: Squeezing the Living Out of Life

Genesis 2:18-22

Summary Statement

This sermon will examine the impact of our busy lifestyles upon our spiritual walk with God. We will see that all of our technology and time saving gadgets make life more chaotic rather than simple. We will draw upon the basic understanding that God created each of us for community and that when we enter into disconnected linear relationships then we end up isolating ourselves from experiencing true connection with God, one another, and our neighborhoods.

Three Steps to Living Life God's Way

Step #1 – Recognize the Problem

- Crowded Loneliness
- We are too Busy
- We are Tempted by Satan
- This step helps each Christian recognize the central problem that is keeping them from experiencing true community in their everyday lives. The central problem will be seen as we examine how busy our lives can be and how this leads us to experience mental and spiritual isolation and loneliness.

Step #2 – Find Balance

- **2 Timothy 3:16** –
- Focus More on the Word of God
- This step will help us examine how we can move our lives to the point of relying more heavily on the Word of God to help us find balance in relationships and dealing with anxiety as well as loneliness.

Step #3 – Recognize God's Divine Design

- **Genesis 2:18** –
- The Connection Requirement
- It is Not Good...
- Hardwired for Community
- Essential for Life
- This step will help us understand God's divine design for our lives when it comes to community. God hardwired us for community and created us for connection. He created us to experience meaningful relationships through encouragement, support, and ministering to one another.

Questions to Consider:

1. What are the areas of your life where you find yourself too busy?
2. How does this affect your relationship with God? One another? Your Neighborhood?
3. How will you begin developing meaningful relationships and experience *Community* in 2007?

Application:

This week examine your relationships with others and make a plan to change one disconnected relationship to a connected relationship through encouragement, support, and unconditional love.

Memory Verse:

John 13:34 – “A new command I give you: Love one another. As I have loved you, so you must love one another.”



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